



Sample Menu

Monday

Breakfast

Fresh Fruit
Cereal
Sausage Links
Belgian Waffle

Lunch

Brown Sugar
Glazed Ham
Yams and Apples
Harvard Beets
Artisan Bread
Cherry Cobbler

Dinner

Filet Mignon
Mashed Potatoes
Gravy
Green Bean Amandine
Dinner Roll
Coconut Cream Pie

Tuesday

Breakfast

Applesauce
Oatmeal
Eggs Florentine
Bacon
English Muffin

Lunch

Baked Salmon with Dill
Roasted New Potatoes
Broccoli Spears
Dinner Roll
Cheesecake with
Strawberries

Dinner

Chicken Teriyaki
Steamed Rice
Cauliflower with
Red Peppers
Artisan Breads
Mandarin Orange
Medley

Wednesday

Breakfast

Banana
Creamy Wheat
Sausage Gravy
Biscuit
Hashbrowns

Lunch

Country Style Ribs
Baked Beans
Potato Salad
Cornbread
Spice Cake

Dinner

Chicken Turnover
Mushroom Sauce
Garden Rice
Seasoned Asparagus
Artisan Breads
Baked Custard